

The School Project 2009/10 ACT 2 (combined results for Nightingale, John Adams Middle Schools & A Place Called Home)

The **purple percentages** indicate **pre-session survey results** for participants selecting either A Lot (4) or Huge (5). The **blue percentages** are the **post-session survey results** for the same selections.

	I don't know/ I can't	Very little	Some	A Lot	Huge
I can project my voice	1	2	3	4 33%	5 81%
I can create different voices	1	2	3	4 16%	5 42%

Projecting your voice means: *"That from the stage everyone can hear you."*

	I don't know/ I can't	Very little	Some	A Lot	Huge
I can do improvisation	1	2	3	4 20%	5 76%
I can memorize lines	1	2	3	4 47%	5 83%
I can write dialogue	1	2	3	4 30%	5 62%
I can write a play	1	2	3	4 31%	5 58%
I can write poetry	1	2	3	4 22%	5 47%
I can write short stories	1	2	3	4 50%	5 55%
I know how to write a song	1	2	3	4 30%	5 50%
I can create and act out a character	1	2	3	4 56%	5 79%

Improvisation means: *"To act without a script."*

	I don't know/ I can't	Very little	Some	A Lot	Huge
I can develop conflict and resolution in a play	1	2	3	29% 4	62% 5
I can show my emotions through art and acting	1	2	3	40% 4	64% 5
I am able to overcome stage fright	1	2	3	39% 4	62% 5
I can direct other actors in a scene	1	2	3	30% 4	63% 5
I am able to make new friends	1	2	3	77% 4	72% 5
I am able to make friends with people from other neighborhoods	1	2	3	63% 4	79% 5
I am able to overcome shyness	1	2	3	48% 4	71% 5
I have self-confidence	1	2	3	61% 4	79% 5
I have self-control	1	2	3	68% 4	78% 5

Conflict in the theatre means: *"The problem in the story."*

	I don't know/ I can't	Very little	Some	A Lot	Huge
I know how to express my feelings creatively	1	2	3	49% 4	74% 5
I know how to set goals for myself	1	2	3	59% 4	71% 5
I am unique	1	2	3	56% 4	74% 5
I know about the different emotions inside of me	1	2	3	61% 4	81% 5
I respect people of different races from myself	1	2	3	83% 4	86% 5
I am a good team member	1	2	3	71% 4	78% 5
I know how to resolve conflicts	1	2	3	59% 4	69% 5
I ask for help from others	1	2	3	62% 4	76% 5
I help others	1	2	3	76% 4	83% 5

Rate how much you like the following:

	Never	Very Little	Sometimes	A Lot	Love It
I like watching stage plays	1	2	3	4 67%	70% 5
I like writing poetry	1	2	3	4 24%	34% 5
I like reading novels	1	2	3	4 42%	51% 5
I like to act	1	2	3	4 54%	85% 5
I like to draw	1	2	3	4 69%	80% 5
I like to dance	1	2	3	4 41%	57% 5
I like to sing	1	2	3	4 40%	56% 5
I like to work with people with opinions different from mine	1	2	3	4 57%	76% 5

Has being in Inside Out improved your relationship with any of the people below?

If **yes**, explain how the relationship is better.

Yes **51%** No [] Parents/guardians, Explain: *"We talk more", "My acting has brought them joy", "I am more open", "I respect them and help them", "They have been more fair", "I talk more with my Mom",*

Yes **36%** No [] Brothers/sisters, Explain: *"I talk a lot more with them", "We've been closer", "I don't fight with them that much", "I'm more funny", "They show me respect", "They help me a lot", "I love my brothers"*

Yes **56%** No [] Friends, Explain: *"I am nicer", "Made new ones", "I am not that shy any more", "We can talk to each other when we're sad", "I can explain my feelings", "I got closer to them", "Learned how to cooperate"*

Yes **44%** No [] Teachers, Explain: *"Yes because she supports me", "I pay more attention", "I do my homework", "I ask more questions", "I am well behaved", "I can trust them more", "More communication"*

Yes **42%** No [] Adults who are not teachers, Explain: *"I listen to them", "My uncle, we talk a lot more", "Me and my grandma take care of each other", "I don't talk back that much", "I respect them",*

Yes **54%** No [] People who are different from yourself, Explain: *"I respect them", "They have treated me with respect", "I know how to work better with other people", "We talk about our differences", "I am nicer",*

Did being involved with Inside Out improve your experience in school?

Check all that apply to you.

[**35%**] Fewer fights

[**40%**] I like school better

[**56%**] Better behavior marks (more E's, S's)

[**31%**] I get along better with classmates

[**65%**] Better grades, Explain: *"it helps me focus", "I raised about one letter grade per class", "Inside Out showed me about respect and courage", "I study harder because I want to achieve my dreams", "Getting A's and B's", "I behave better at school", "I am more interested", "I respect them (my grades) more"*

What was the most important thing you learned about yourself? *"Never give up", "That I could project and overcome my stage fright", "I learned that I can do it if I try", "having self confidence", "I am good at making friends", "creativity, dreams and keeping focused", "I'm friendly", I found my inner star", "I am very brave", "I'm beautiful inside and out", "I'm not afraid to show my own self", "I like to act and I like to help other people", "How to express myself", "I am special and trustful", "I have talent", "Not to be shy",*

Rate your experience with Inside Out overall: (check one)

[**82%**] Fabulous

[**15%**] Good

[**3%**] Alright

[**0%**] Not good

7. What would you change about this program if you could? Why? *"Not being with my friends in the final play", "Nothing except more sessions", "We could go every year", "Camp to be longer", "Having our electronics at camp", "Chose your groups yourself", "I would not change anything because it's perfect", "That there was 1 week camp because we could learn a lot about each other there",*

8. Any other comments? *"I have met amazing people", "I LOVE Inside Out", "I'm not shy any more", "I was fabulous", "Can I be here next year?", "The people from Inside Out were awesome for helping us", "Inside Out changed my life, it's the best", "I became more mature", "I hope Inside Out will always exist", "I wish I could be a Mentor", "Thank you guys for helping me!"*